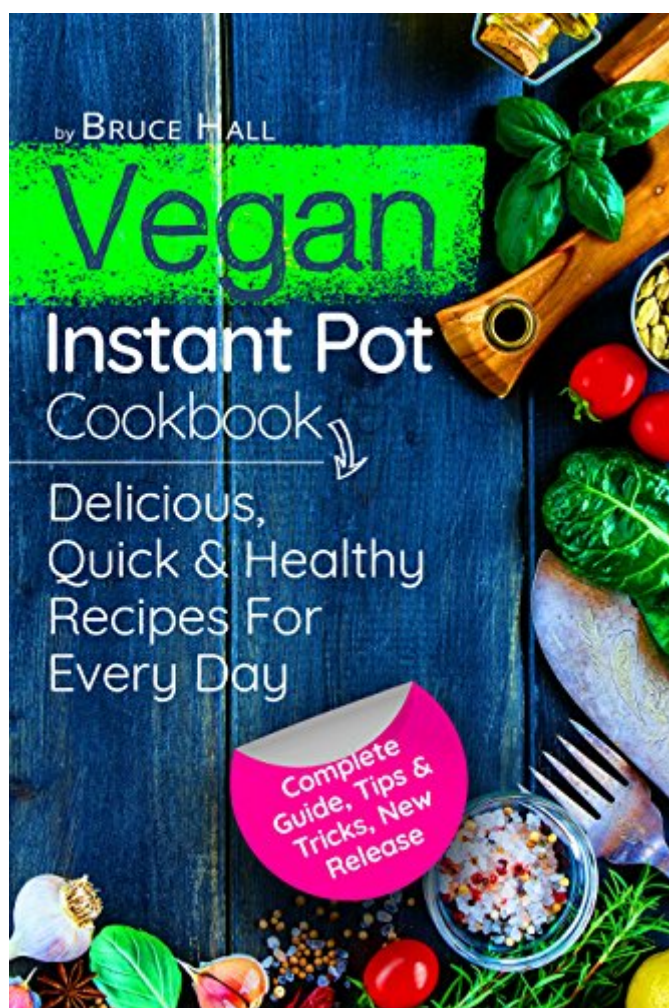


The book was found

# Vegan Instant Pot Cookbook: Delicious, Quick And Healthy Recipes For Every Day: Complete Guide, Tips & Tricks, New Release



## Synopsis

This book is made especially for Instant Pot lovers, whether you are new to it or have been using it for quite a while. It provides amazing vegan recipes that will leave you and your loved ones satisfied for many days. News of the magic of the instant pot has spread around the world and we won't be surprised if this is not the first time you are hearing about this amazing new kitchen helper. Our vegan recipes have been carefully selected to ensure that you get the best of nourishment and tasty goodness without having to worry about your health. This book has been divided into sections consisting; burgers, patties and savory cakes; soups; desserts and vegetables and the recipes have proven to leave a smile on the faces of those who attempt them for the first time. The recipes travel across many regions and continents of the world including Asia, America, Africa and Europe. Wherever you are from, you are sure to enjoy these recipes and pick many of them as your favorites. Cooking has never been so easy! The effectiveness and efficiency of the instant pot combined with the delicious goodness of these recipes made an incredible combination. In this book, you learn about the name of the recipes, the ingredients, the methods of preparation and direction, and you also get our professional opinion on them. Directions on how to use the instant pot are also given to ensure that you have a smooth first experience. So why not go ahead and try one of these recipes a day? Enjoy!

## Book Information

File Size: 197 KB

Print Length: 65 pages

Publication Date: August 20, 2017

Sold by:Â Digital Services LLC

Language: English

ASIN: B074ZWVJ1K

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #327,160 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #34

inÂ Kindle Store > Kindle eBooks > Crafts, Hobbies & Home > Gardening & Horticulture >

Ornamental Plants #95 inÂ Kindle Store > Kindle eBooks > Crafts, Hobbies & Home > Gardening & Horticulture > Vegetables #163 inÂ Books > Crafts, Hobbies & Home > Gardening & Landscape Design > Ornamental Plants

## Customer Reviews

If you plan to explore and benefit from the vegan diet, this instant pot cookbook guide is for you. This book is recommended to me by my sister because I am a vegan and I like cooking. I liked this cookbook very much. In this book you can find a lot of delicious vegan recipes. All the recipes and health solutions are very healthy, useful and well written. All instructions are very detailed and helpful. I recommend this book those who want to learn how to cook delicious non-meat meals and who want to be fit and healthy.

Superb cookbook full of recipes that all vegans will love! And although I'm not personally a vegan, there's delicious recipes here for me too, which are all very well described and easy to follow. I found the author's extra opinions and recommendations sections for each recipe to be most helpful, like having a professional chef with you to give their expert opinion on how to tailor each recipe to your own taste. Many great meals to come from this book - 5 Stars!

A new instant pot cookbook in my collection and another great purchase! I go vegan every summer opting for lighter meals on my way to reach perfect shape for beach holidays. And these recipes have been working so good for me so far. There are plenty of options so you never get bored. I'd love to see some pics though, but overall it's a pretty decent cookbook with a nice personal touch coming with each recipe

A great selection of recipes. I tried around five of them so far and they all turned out to be both healthy and tasty. I recommend this author.

I really liked this book of recipes. It contains amazing recipes for everyone. Therefore, I advise everyone to read it, you will like it, I'm sure.

Such amazing recipes!! Can't wait to try them out. I would highly recommend this book to everyone. Vegan or not!

Such astonishing formulas!! Can hardly wait to give them a shot. I would exceptionally prescribe this book to everybody.

[Download to continue reading...](#)

The Ultimate Vegan Instant Pot Cookbook: Tasty & Healthy Vegan Instant Pot Recipes for Everyone (Vegan Instant Pot Recipes Cookbook, Vegan Instant Pot Cooking, Vegan Instant Pot for Two) Instant Pot Cookbook: 500 Instant Pot Recipes Cookbook for Smart People (Instant Pot, Instant Pot Recipes, Instant Pot Recipes Cookbook, Instant Pot Electric Pressure Cooker Cookbook) Instant Pot: 365 Days of Instant Pot Recipes (Instant Pot Cookbook, Instant Pot Slow Cooker, Instant Pot Book, Crock Pot, Instant Pot, Electric Pressure ... Vegan, Paleo, Breakfast, Lunch, Dinner) Vegan Instant Pot Cookbook: 60 Amazing Instant Pot Recipes for Everyday Cooking ( Vegan Instant Pot Cookbook for Two, Vegan Instant Pot Recipes, Vegan Pressure Cooker Cookbook ) Vegan Instant Pot Cookbook - Healthy and Easy Vegan Pressure Cooker Recipes for Everyday Cooking: ( Vegan Instant Pot Cookbook for Two, Vegan Instant Pot Recipes, Vegan Pressure Cooker Cookbook) Instant Pot Cookbook: 30 Top Vegan Recipes for Instant Pot Pressure Cooker: Cook Healthier And Faster (Instant Pot Cookbook Paleo, Instant Pot Weight Loss ... Instant Pot Chicken Recipes, Slow Cooker 5) Instant Pot Cookbook: Top 10 Electric Pressure Cooker Recipes: Instant Pot, Instant Pot Cookbook, Instant Pot Recipes : The Best Instant Pot Cookbook for ... cooker, electric pressure cooker recipes) Instant Pot: The AMAZING Pocket Cookbook for Instant Pot Cooking (1,500 Bonus Recipes! Instant Pot, Instant Pot Recipes, Instant Pot Cookbook, Pressure Cooker Recipes, Pressure Cooker Cookbook) INSTANT POT: 2,500 Instant Pot Pressure Cooker and Slow Cooker Recipes Cookbook (Instant Pot, Instant Pot Recipes, Crockpot Cookbook, Slow Cooker Recipes, ... Pot Dump Meals, Crock Pot Freezer Meals) Vegan for Everybody: Vegan Instant Pot Cookbook: Plant Based Vegan Diet of Delicious, Healthy Instant Pot Vegan Recipes for Every Occasion to ensure Weight ... Plant-Based Vegan Cookbook for Beginners 1) Instant Pot Cookbook: 101 Healthy and Easy Instant Pot Recipes For Your Pressure Cooker (Instant Pot Cookbook, Pressure Cooker Recipes Book, Vegan Instant Pot Cookbook) Instant Pot Vegan Cookbook: 100 Instant Pot Vegan Recipes with Pictures and Nutrition Facts for Every Recipe; Fast and Easy Vegan Instant Pot Recipes for Health and Weight Loss Instant Pot Electric Pressure Cookbook: Incredibly Easy & Healthy Mouthwatering Instant Pot Recipes For Quick Scrumptious Meals (Instant Pot, Instant Pot Cookbook, Electric Pressure Cooker, Paleo) Vegan Instant Pot cookbook: Delicious, Quick and Healthy Recipes For Every Day: Complete Guide, Tips & Tricks, New Release CROCK POT: Delicious, Healthy Crock Pot Recipes (2100 Crock Pot Recipes Cookbook, Clean Eating, Crockpot, Healthy Crock Pot, Crock Pot Chicken, Crock Pot Recipes

Cookbook) Instant Pot: 23 Real Ketogenic Diet Recipes For Electrical Pressure Cooker: (Instant Pot Cookbook 101, Instant Pot Quick And Easy, Instant Pot Recipes) Instant Pot Cookbook: Healthy and Tasty Vegan Instant Pot Recipes for Electric Pressure Cooker! (Instant Pot Recipes - Instant Pot® Electric Pressure Cooker) Instant Pot Cookbook: Chef Approved Instant Pot Recipes Made For Your Instant Pot â “ Cook More In Less Time (Instant Pot Pressure Cooker Recipes Cookbook) Instant Pot Recipes: Top Delicious 501 Healthy Instant Pot Recipes for Your HEALTHY FAMILY. (Instant Pot Cookbook, Electric Pressure Cooker Cookbook). Vegan Instant Pot Cookbook: Vegan Pressure Cooker Recipes for Two - Delicious and Healthy Plant Based Meals (Vegan Instant Pot Recipes Book 3)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)